# New Leaf Holistic Health

 Broadway, Kingston NY. 160 Benmont Ave. Suite 30, Bennington VT. Tel 845.331.2235 Fax 845.943.4483
 NewLeafHolisticHealth.com & NewLeafHolisticHealth@Gmail.com

Welcome to our practice.

We are pleased that you have chosen Naturopathic Medicine as an option to reach optimal health.

#### OFFICE HOURS:

Office hours below are by appointment only. A 24-hour notice for cancellation is appreciated.

Monday	VERMONT ONLY
Tuesday	CLOSED
Wednesday	1 pm to 6 pm
Thursday	1 pm to 6 pm
Friday	9 am to 2 pm

#### CONTACT:

To reach the doctors, please call the office. If we are unable to answer during regular business hours because we are with patients, please leave a voice message. We are diligent about returning every phone call we receive within the same day. <u>Please note that E-mails are not a secure way to communicate with us about your health.</u>

#### **MEDICINARY ITEMS:**

You may stop by the office during regular business hours to pick up your supplements, however it is always best to call before you do so. If we do not have the item you need, we are usually able to order it within a week. As a general rule please call one week before your supplement runs out, so we may make arrangements for you to pick it up. We must have a credit card on file to place an order, request out of stock products or order special-order items.

#### LABORATORY WORK:

As a general rule we prefer to review laboratory results during office visits. We do not feel it is professional to review results over the telephone, unless prior arrangements have been made. We often will give our patients "KITS" for private laboratory testing. We require payments for kits at the time of visit.

## If kits are not completed within 3 months, fees will be forfeited.

#### **INSURANCE BILLING:**

Please see the Financial Form in the intake questionnaire for details. However, as a general rule the following apply:

#### 1) NEW YORK

a) Insurance plan must cover <u>out of network acupuncture</u> benefits if you see Dr. Tecchio.

2) VERMONT

- a) Dr. Finley is a preferred provider for BCBS and Cigna.
- b) Dr. Tecchio is an out of network provider and may bill any insurance, however coverage may vary from plan to plan.

#### OUR POLICY IS TO KEEP A CREDIT CARD ON FILE IF YOU WANT US TO BILL YOUR INSURANCE

Please complete the attached intake to the best of your knowledge and sign **all** forms.

We look forward to working with you.

Patient's Name

Patient's Signature \_\_\_\_\_

Glenn R Finley ND Ileana Tecchio ND LAc

# ADULT-New Patient Health History Questionnaire

New Leaf Holistic Health

160 Benmont Ave Suite 30, Bennington VT......31 Broadway, Kingston NY Tel. 845.331.2235 Fax. 845.943.4483 <u>NewLeafHolisticHealth@gmail.com</u>

	To	oday's Date				
Full Legal Name						
	Last Name	First N	lame		Middle Initial	
Address						
	Street/PO Box	City	Stat	te	Zip Code	
Telephone						
	Home	Work			Cell Phone	
E-mail address						
Emergency Contact						
	Name	Teleph			Relationship	
Date of Birth	Age	Female	Male	Other		
	0					
Single	Married	Other	_ Partne	r's Name		
Occupation			Full-time	Part-time	Student	Retired
Is there a number you	prefer us <b>NOT</b> to lea	ive a message?				
Who can we thank for	your referral?					
Who is your primary o	care physician?					
Doctor's Name		Name of Practice			Telephone if Kn	own
For what concern did	you last receive healt	th or medical care	?			

What are the	concerns for which you are seeking care?
1	Date of onset
2	Date of onset
3	Date of onset
4	Date of onset
5.	Date of onset

# FAMILY HISTORY

	Father	Mother	Brother	Sister	Children	Maternal GParent	Paternal GParent
Age if Living							
Current Health							
Age at Death							
Cause of Death							

Indicate if you or your family has had any of the following diseases:

Cancer	Diabetes	Glaucoma	Heart Disease
Stroke	Epilepsy	Anemia	Allergies
Kidney Disease	Asthma	Mental Illness	
Arthritis	Dementia	High Blood Press	sure

# PAST MEDICAL HISTORY

Indicate if you have had any of the following Childhood Illnesses: Scarlet fever \_\_\_\_ Diphtheria \_\_\_\_ Rheumatic Fever \_\_\_ Mumps\_\_\_ German measles\_\_\_ Mono\_\_\_\_ Have you had any immunizations? \_\_\_Yes \_\_\_No Have you had any negative reactions from immunizations?

# HOSPITALIZATIONS, SURGERY, X-RAY AND SPECIAL STUDIES

What hospitalizations, surgeries, x-rays, or special studies have you had?

1.	Year	4.	Year	
2.	Year	5.	Year	
3.	Year	6.	Year	

# INFECTIOUS DISEASES

Do you have any known contagious diseases at this time? \_\_\_\_ Yes \_\_\_\_No If yes please list:

# ALLERGIES

Are you hypersensitive or allergic to foods, drugs, or environmental substances? Please list:

- 1.
   5.

   2.
   6.

   3.
   7.
- 4. \_\_\_\_\_ 8. \_\_\_\_

#### **REVIEW OF SYMPTOMS:**

## P for PAST N for NOW

SKIN Rashes Eczema, Hives Acne. Boils Itching Fungal Infections \_Color change Hair Loss Dry skin/ scalp \_Lumps Night Sweats \_\_\_Slow healing ulcerations \_\_Flushing or hot flashes Excessive sweating NOSE AND SINUSES \_\_\_\_Frequent colds Nose Bleeds Stuffiness Hay fever Sinus problems Loss of smell Loss of balance EYES AND EARS Itchy eyes \_Watery eyes Drv eves \_\_Swollen/ painful eyes \_\_\_\_Red Eyes Impaired vision Floaters in vision Cataracts Color blindness Double Vision Glaucoma \_\_Hearing difficulty Ringing Earaches/ Infection Cold hands/ feet

MOUTH AND THROAT Sore throat Copious saliva Teeth grinding \_Sore tongue/ lips Gum problems Hoarseness \_Gagging/choking Difficulty swallowing HEAD/ NECK Headache/ migraine Faintness Dizziness Jaw Pain Goiter Pain or stiffness TMJ RESPIRATORY Chest congestion Wheezing Asthma Bronchitis/ Pneumonia \_Emphysema Difficulty/Pain Breathing Shortness of breath Tuberculosis \_Cough \_\_Wet or \_\_Dry Coughing blood CARDIOVASCULAR Heart disease Angina/Chest pain High/Low Blood Pressur Murmurs Blood clots \_Irregular heart beat Palpitations/ Fluttering \_Swelling in ankles Color blindness

#### CIRCULATION

\_Easy bleeding or bruising Anemia \_\_\_\_Deep leg pain Varicose veins \_\_\_\_Hemorrhoids \_Itchy/ Burning Anus **ENDOCRINE** \_\_\_\_Hypothyroid \_\_Heat or cold intolerance Hypoglycemia Diabetes Excessive thirst Excessive hunger \_Fatigue Seasonal depression IMMUNE \_Chronic Fatigue Syndrome \_\_\_\_Chronic infections \_Chronically swollen glands Slow wound healing MUSCLES/ JOINTS/ BONES

\_\_\_Joint pain \_\_\_Muscle pain \_\_\_Muscle spasms/ cramps \_\_\_Restless Leg Syndrome \_\_\_Sciatica \_\_\_Osteoporosis **NEUROLOGIC** \_\_\_Seizures \_\_\_Paralysis \_\_\_Muscle weakness \_\_\_Numbness or tingling \_\_Easily stressed \_\_\_Vertigo or dizziness \_\_\_Loss of balance \_\_\_Tics

#### **REVIEW OF SYMPTOMS**

## P for PAST N for NOW

#### DIGESTION

Trouble swallowing \_Heartburn/ Acid Reflux Change in thirst/ appetite Ulcer \_\_Nausea/ Vomiting Gas/ Bloating \_\_\_\_Belching or passing gas Diarrhea Constipation Pain or cramps Mucous in stools \_\_\_Black/ Bloody stool Hemorrhoids Itchy/ Burning Anus Rectal Pain Liver/ Gall Bladder trouble \_\_\_\_Jaundice (yellow skin) Bowel Mvnt: How often? Is this a change? Stools \_\_\_\_Hard \_\_\_\_Firm Soft Loose URINARY Pain on urination Increased frequency Frequency at night Frequent infections \_\_\_\_Inability to hold urine Kidney stones Blood in urine MALE ONLY Hernias Testicular masses Testicular pain Prostate disease Sexually transmitted Infect.

Discharge or sores

#### MALE ONLY

Sexual dysfunction Are you sexually active? Yes No Sexual orientation? Birth control? Type? FEMALE ONLY \_\_\_\_Irregular cycles \_\_\_Bleeding between cycles \_\_\_Pain during intercourse Clotting Heavy or excessive flow PMS \_\_\_\_Endometriosis Difficulty conceiving Painful menses \_\_\_\_Vaginal discharge? Color? \_\_\_\_ Vaginal Odor \_\_\_\_Ovarian cysts Menopausal symptoms \_\_\_\_Abnormal PAP Sexually transmitted disease \_\_\_\_Breast pain/tenderness \_\_\_\_Nipple discharge Breast Lumps Age at which menses began Age/Year of menopause Length of Cycle Duration of Flow \_\_\_\_\_ Date of last period Are you sexually active? Yes No Sexual orientation? Birth control? Type? \_\_\_\_\_ Number of pregnancies \_\_\_\_\_ Number of live births Number of miscarriages Number of abortions \_\_\_\_\_ Difficult or premature births

#### FEMALE ONLY

Do you do breast self-exams? Yes No Date of last Pap smear\_\_\_\_\_ Date of last mammogram Could be pregnant now? Yes No Any other feminine difficulties? MENTAL/ EMOTIONAL \_\_\_\_Mood Swings Anxiety or nervousness Considered/Attempted suicide Depression \_\_\_\_Poor concentration \_\_\_Poor Memory Other GENERAL \_\_\_\_Poor Sleep/ Insomnia Dream disturbed Sleep \_\_\_Fatigue/ Low Energy General feel Hot General feel Cold Chills Fevers \_\_Poor Appetite \_\_\_\_Constant Hunger Low Libido High Stress Cravings Peculiar taste in mouth Coffee How much Alcohol How much Cigarettes How many \_\_\_\_\_

# LIFESTYLE:

# FILL IN WITH A CHECK MARK

Height       Drink black or green tea         Average 8 hrs. of sleep       Drink cola or soda         Have a supportive relationship       Enjoy your work         History of abuse       Spend time outside         Major trauma       Watch TV? How much?         Use recreational drugs       Read? How often?         Treated for drug dependence       Use tobacco currently         Use Alcoholic beverages? How much?       Use tobacco in the past         Treated for alcoholism       How many Years?         Do you exercise?       How many packs?         What kind of exercise?       How many packs?         List your main interests and hobbies       1.         1.       Dose         2.       6.         3.       7.         MEDICATIONS AND SUPPLEMENTS         What kind of exercise?         1.       Dose         2.       Dose         3.       Dose         4.       Dose         9.       Dose         1.       Dose         2.       Dose         3.       Dose         4.       Dose         9.       Dose         1.       Dose         2.       Dose<	Weight			Drink coffee	
Have a supportive relationship       Enjoy your work         History of abuse       Spend time outside         Major trauma       Watch TV? How much?         Use recreational drugs       Read? How often?         Treated for drug dependence       Use tobacco currently         Use Alcoholic beverages? How much?       Use tobacco in the past         Treated for alcoholism       How many Years?         Do you exercise       How many packs?         What kind of exercise?       How many packs?         List your main interests and hobbies       5.         1.       6.         2.       Dose         3.       7.         Metications (prescribed or over the counter), herbs, vitamins, supplements, etc. are you currently taking?         1.       Dose         2.       Dose         3.       Dose         4.       Dose         5.       Dose         6.       Dose         1.       Dose         2.       Dose         3.       Dose         4.       Dose         5.       Dose         6.       Dose         7.       Dose         8.       Dose         9. </th <th></th> <th>,</th> <th>_</th> <th></th> <th></th>		,	_		
History of abuse	-	-			
Major trauma       Watch TV? How much?         Use recreational drugs       Read? How often?         Treated for drug dependence       Use Alcoholic beverages? How much?         Use Alcoholic beverages? How much?       Used tobacco currently         Do you exercise       How many Years?         How often do you exercise?       How many packs?         What kind of exercise?       6.         1.       5.         2.       6.         3.       7.         Match TV? How much?       6.         2.       6.         3.       7.         Match SUPPLEMENTS         What medications (prescribed or over the counter), herbs, vitamins, supplements, etc. are you currently taking?         1.       Dose         2.       Dose         3.       Dose         4.       Dose         9.       Dose         10.       Dose         2.       Dose         3.       Dose         4.       Dose         9.       Dose         10.       Dose         2.       Dose         3.       Dose         4.       Dose         0       Dose     <		relationship			
Use recreational drugs       Read? How often?         Treated for drug dependence       Use tobacco currently         Use tobacco currently       Use tobacco in the past         Treated for alcoholism       How many Years?         Do you exercise       How many Years?         What kind of exercise?	-				
Treated for drug dependence      Use tobacco currently        Treated for alcoholic beverages?       How much?Used tobacco in the past        Do you exercise      How many Years?        Do you exercise?			_		
Use Alcoholic beverages? How much?       Used tobacco in the past         Treated for alcoholism       How many Years?         Do you exercise       How many packs?         What kind of exercise?       How many packs?         List your main interests and hobbies       5.         1.       5.         2.       6.         3.       7.         MEDICATIONS AND SUPPLEMENTS         What medications (prescribed or over the counter), herbs, vitamins, supplements, etc. are you currently taking?         1.       Dose         2.       Dose         3.       Dose         3.       Dose         4.       Dose         9.       Dose         5.       Dose         6.       Dose         2.       Dose         3.       Dose         4.       Dose         9.       Dose         5.       Dose         10.       Dose         2.       Thyroid Medication					
Treated for alcoholism      How many Years?How many packs?        Do you exercise      How many packs?         How often do you exercise?				0	
Do you exercise       How many packs?         How often do you exercise?					
How often do you exercise?		lism		-	
What kind of exercise?         List your main interests and hobbies         1.       5.         2.       6.         3.       7. <b>MEDICATIONS AND SUPPLEMENTS</b> What medications (prescribed or over the counter), herbs, vitamins, supplements, etc. are you currently taking?         1.	Do you exercise			How many packs?	
What kind of exercise?         List your main interests and hobbies         1.       5.         2.       6.         3.       7. <b>MEDICATIONS AND SUPPLEMENTS</b> What medications (prescribed or over the counter), herbs, vitamins, supplements, etc. are you currently taking?         1.	How often do you evercise	<u>_</u> 2			
List your main interests and hobbies          1.       5.         2.       6.         3.       7. <b>MEDICATIONS AND SUPPLEMENTS</b> What medications (prescribed or over the counter), herbs, vitamins, supplements, etc. are you currently taking?         1.					
1.       5.         2.       6.         3.       7. <b>MEDICATIONS AND SUPPLEMENTS</b> What medications (prescribed or over the counter), herbs, vitamins, supplements, etc. are you currently taking?         1.					
2.       6.         3.       7.         MEDICATIONS AND SUPPLEMENTS         What medications (prescribed or over the counter), herbs, vitamins, supplements, etc. are you currently taking?         1.	List your main interests an	d hobbies			
3.       7.         MEDICATIONS AND SUPPLEMENTS         What medications (prescribed or over the counter), herbs, vitamins, supplements, etc. are you currently taking?         1.	1		5		
MEDICATIONS AND SUPPLEMENTS         What medications (prescribed or over the counter), herbs, vitamins, supplements, etc. are you currently taking?         1.					
What medications (prescribed or over the counter), herbs, vitamins, supplements, etc. are you currently taking?         1.	3		7		
What medications (prescribed or over the counter), herbs, vitamins, supplements, etc. are you currently taking?         1.					
1.      Dose6.      Dose         2.      Dose7.      Dose         3.      Dose8.      Dose         4.      Dose9.      Dose         5.      Dose10.      Dose         Check each that you currently use:					
2.       Dose       7.       Dose         3.       Dose       8.       Dose         4.       Dose       9.       Dose         5.       Dose       10.       Dose         Check each that you currently use:					
3.      Dose8.      Dose         4.      Dose9.      Dose         5.      Dose10.      Dose         Check each that you currently use:      Dose10.      Dose        Laxatives      Thyroid Medication      Pain Reliever      Cortisone        Antibiotics      Theart/ Blood Medication      Allergy Medicine      Antacids         By signing below, I verify that the above information is correct and true to the best of my knowledge.					
4.       Dose       9.       Dose       Dose         5.       Dose       10.       Dose       Dose         Check each that you currently use:			7	Dose	
5.      Dose10.      Dose	3	Dose			
Check each that you currently use:  LaxativesThyroid MedicationPain RelieverCortisone  AntibioticsHeart/ Blood MedicationAllergy MedicineAntacids   By signing below, I verify that the above information is correct and true to the best of my knowledge.   Patient Name (Please print)	4	Dose	9.	Dose	
Laxatives      Thyroid Medication      Pain Reliever      Cortisone        Antibiotics      Heart/ Blood Medication      Allergy Medicine      Antacids         By signing below, I verify that the above information is correct and true to the best of my knowledge.         Patient Name (Please print)        Patient Signature	5	Dose	10	Dose	
Laxatives      Thyroid Medication      Pain Reliever      Cortisone        Antibiotics      Heart/ Blood Medication      Allergy Medicine      Antacids         By signing below, I verify that the above information is correct and true to the best of my knowledge.         Patient Name (Please print)        Patient Signature					
AntibioticsHeart/ Blood MedicationAllergy MedicineAntacids By signing below, I verify that the above information is correct and true to the best of my knowledge. Patient Name (Please print) Patient Signature			1		
By signing below, I verify that the above information is correct and true to the best of my knowledge.          Patient Name (Please print)					
By signing below, I verify that the above information is correct and true to the best of my knowledge.          Patient Name (Please print)          Patient Signature	Antibiotics	Heart/ Bloc	d Medication _	Allergy MedicineAntac	ids
By signing below, I verify that the above information is correct and true to the best of my knowledge.          Patient Name (Please print)          Patient Signature					
Patient Name (Please print) Patient Signature					
Patient Name (Please print) Patient Signature	By signing below, I verify t	hat the above informat	ion is correct and	true to the best of my knowledge	e.
	Patient Name (Please prin	t)	Pa	itient Signature	
Legal Guardian Signature Today's Date					
	Legal Guardian Signature_		To	Dday's Date	

# OPTIONAL CONTEXT OF CARE OVERVIEW

I would like to take a moment to welcome you to New Leaf Holistic Health. Whether you are here for a one-time visit, or are looking for a longer-term comprehensive health solution, I look forward to my role in your care. Below are a few questions that will assist me in understanding how I can best support your health.

1) What is your present level of commitment to address any underlying causes of your signs and symptoms that relate to your lifestyle? (Rate from 0 to 10, with 10 being 100% committed)

0% 0 1 2 3 4 5 6 7 8 9 10 100%

If you answered less than "10", what stands between your current commitment and 100%?

- 2) What behaviors or lifestyle habits do you currently engage in regularly that you believe support your health? (Please list)
- 3) What do you love most about your life at this time?
- 4) What behaviors or lifestyle habits do you currently engage in regularly that you believe are self-destructive lifestyle habits? (Please list)
- 5) What potential obstacles do you foresee in addressing the lifestyle factors that are undermining your health and in adhering to the therapeutic protocols which I will be sharing with you?
- 6) What are your top three expectations of me?

## NEW LEAF HOLISTIC HEALTH FINANCIAL POLICIES Unless prior arrangement is made, full payment is appreciated at the time of service.

- Your payment options are: cash, check, or credit/debit cards. We accept Visa, MasterCard, and Discover.
- Twenty-four-hour cancellation notice is appreciated.

## Insurance Billing

- If you would like us to bill your insurance, we will contact your insurer(s) and bill them based upon the **non-guaranteed** information they provide to us.
- You are responsible for all co-payments, deductibles and other adjustments made by your insurer(s).
- Insurance companies may reimburse differently than the information they initially provide to us.
- You are responsible for and will be billed for any resulting unpaid balance.
- We may use your health care information and may disclose such information to the insurance company(ies) and their agents for the purpose of obtaining payment for services and determining insurance benefits or the benefits payable for related services. I authorize the use of my signature an all-insurance submission. I certify that I have read and understand the above information.
- IF WE HAVE NOT BILLED YOUR INSURANCE COMPANY BEFORE WE WILL ASK YOU TO LEAVE A CREDIT CARD ON FILE WITH US TO BE CHARGED, IF NECESSARY, AS WE DO NOT COLLECT UNTIL INSURANCE CLAIMS ARE PROCESSED. \_\_\_\_\_Initials
- IF YOUR INSURANCE IS BILLED AND AN EXPLANATION OF BENEFITS (EOB) IS SENT DIRECTLY TO YOU, YOU HAVE 2 WEEKS TO FORWARD THE EOB AND ANY CHECK AMOUNTS YOU RECEIVED TO US. IF WE DO NOT RECEIVE THE EOB YOUR CREDIT CARD ON FILE WILL BE CHARGED FOR THE BALANCE DUE. \_\_\_\_\_Initials

## Laboratory Kits:

If we provide you with laboratory "KITS" for private testing, we require payments for kits at the time of visit. IF KITS ARE NOT COMPLETED WITHIN 3 MONTHS, FEES WILL BE FORFEITED. \_\_\_\_\_Initials

## Past Due Accounts

- Accounts greater than 30 days past due will be charged a \$5.00/month administrative fee.
- Accounts greater than 90 days overdue will be sent to a collection agency.

## Below is our Fee Schedule

•	<b>New Patient</b> Initial Comprehensive Consultation 50 Min	275.00
•	<b>Established Patient</b> Acupuncture/Cupping 50 Min Follow Up Visit 50 Min	95.00 145.00
	Focused Follow Up 30 Min	90.00

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I have read, understood and agree to the policies described above.

Patient Name (Please print)	Patient Signature
Legal Guardian Signature	Today's Date

# NOTICE OF PRIVATE PRACTICES

# PATIENT RIGHTS

**Right to request restrictions on uses and disclosures:** To request a restriction, please write a request to New Leaf Holistic Health. Upon receiving your request, we will put the limits and terms in writing and abide by them except in emergency situations. You may not limit the uses and disclosures that we are legally required to make.

**Right to receive confidential communications:** This includes the right to direct where communications are sent. For example, you may request that information be sent to our work address rather than your home address or via Email than by regular mail. To verify or modify where or how you would like communication sent, contact New Leaf Holistic Health. Unless requested otherwise, we will direct mailings and telephone messages to the address/telephone number we have on record.

**Right to inspect and copy.** Includes the rights to see and get copies of your information that we maintain. Submit your request in writing to New Leaf Holistic Health and we will respond to you within 30 days of receipt of your written request.

**Right to amend:** If you believe there is a mistake or missing information, you have the right to request that we correct or add to your file. You must provide the request in writing to New Leaf Holistic Health. We will respond within 30 days of receipt of your written request. We may deny your request in writing if your information is 1) not correct and complete, 2) not created by us, 3) not allowed to be disclosed, or 4) not part of our records. Upon approval, we will make the changes, inform you when the changes are complete, and inform others that need to know about the change in a timely manner. Our written denial will state the reason for the denial and explain your right to file a written statement of disagreement with the denial. You also have the right to request that copies of your initial request and our denial be attached to all future disclosures of your information.

**Right to receive an accounting of disclosures.** This will not include uses or disclosures made for treatment, payment or health care operations, disclosures made directly to you, those you have already authorized, those made for national security reasons or to law enforcement that has lawful custody over you. We will respond within 30 days of receiving written request. Please include the time period for which you want the accounting (can be no longer than 6 years and may not include dates before April 14, 2003). The accounting will include the date of the disclosure, to whom information was sent, a brief description of the information disclosed, and a brief statement of the purpose for the disclosure. We will provide the first accounting at no charge. For additional accountings, we may charge you a fee but will inform you of that fee in advance.

**Right to get a paper copy of this Notice.** At any time even if you previously agreed to receive an electronic copy. **Right to file a complaint.** If you believe your health information has been improperly used or disclosed, or that your privacy rights have been violated, you may file a privacy complaint with us. Contact New Leaf Holistic Health to file a complaint. You also have the right to file a complaint with the Secretary of the US Department of Health and Human Services. We will take no retaliatory action against you if you file a complaint with us or the DHHS.

# I acknowledge having carefully read this copy of the Notice of Privacy Practices.

Patient Name (Please print)	Patient Signature
Legal Guardian Signature	Today's Date

Note: If this acknowledgement is being signed by a legal representative, you must provide a copy of the power of attorney or other relevant document(s) designating you as the legal representative.

# INFORMED CONSENT ILEANA TECCHIO N.D., L.Ac., Dipl.Ac., M.S.O.M.

Ileana Tecchio N.D., L.Ac. is licensed to practice acupuncture by the states of New York and Vermont. Ileana Tecchio N.D., L.Ac. is licensed to practice Naturopathic Medicine by the state of Vermont. She is Board Certified in Oriental Medicine by the National Certification Commission for Colleges of Acupuncture and Oriental Medicine (NCCAOM). Ileana Tecchio N.D., L.Ac. has a Master degree in the Science of Oriental Medicine. She is a member of the American Association of Naturopathic Physicians. Ileana Tecchio N.D., L.Ac. use disposable-sterilized needles. She has passed the "Clean Needle Technique" examination of the Council of College of Acupuncture and Oriental Medicine (CCAOM). Ileana Tecchio N.D., L.Ac. does not provide after hour services, and in case of an emergency I understand I should contact the appropriate licensed health care provider.

## Naturopathic Medicine in the state of New York

A Naturopathic Doctor is trained as a primary care provider and is a board-certified physician in states where licensure is applicable. However, currently licensure for Naturopathic Doctors is not available in the state of New York. Therefore, Ileana Tecchio N.D., L.Ac. does not practice medicine, and does not diagnose or treat diseases or medical conditions in the state of New York. In the state of New York Ileana Tecchio N.D., L.Ac. focuses her practice on the enhancement of health. The services Ileana Tecchio N.D., L.Ac. provides are not meant to substitute or replace those of a licensed physician. Patients seeking her consultation are advised to also be under the care of a licensed New York state physician.

## Naturopathic Medicine in the State of Vermont

As a Naturopathic Doctor in the state of Vermont, Ileana Tecchio N.D., L.Ac. is licensed to practice as a primary health care provider and as a board-certified physician.

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I hereby request and consent to acupuncture, herbal treatments and other procedures associated with Oriental Medicine on me (or on the patient named below, for which I am legally responsible) by Ileana Tecchio N.D., L.Ac. I understand that methods of treatments may include, but are not limited to:

- Acupuncture whereby special sterilized fine needles are inserted through the skin into the underlying tissues and muscles at specific points on the body.
- Moxibustion whereby indirect herbal heat is applied to specific acupuncture points.
- **Cupping** whereby suction cups are applied to specific points on the body and on occasion are moved from point to point.
- Electrical Stimulation whereby the needles are electrically stimulated at 9 volt or less to cause relaxation of the muscles and analgesia of the area of pain involved.
- Herbal Medicine whereby herbs and nutritional supplements, which are from plant, animal and mineral sources are recommended.
- Oriental Nutritional Counseling whereby a healthful diet is individually tailored and recommended.

Acupuncture has the effect of normalizing physiological functions, modifying the perception of pain, and of treating certain diseases and imbalances of the body. Most people experience a sense of wellbeing and relaxation during and after the treatment. I have been informed that acupuncture is a safe method of treatment, but that occasionally bruising, numbness or tingling at the site of needle insertion may occur after treatment. Bruising is also a possible side effect of cupping. Burns on the skin are a potential risk of indirect moxibustion. Rare side effects include dizziness or fainting, especially if the patient is overdue for a meal. There have been extremely rare instances of spontaneous miscarriage and pneumothorax – collapsed lung.

\_\_\_\_\_ Initials

I understand that while this document describes the major risks of treatment, other side effects may occur. I do not expect Ileana Tecchio N.D., L.Ac. to be able to anticipate all risks and complications. I wish to rely on Ileana Tecchio N.D., L.Ac. to exercise judgment during the course of the procedure which Ileana Tecchio N.D., L.Ac. feels at the time, based on the facts then known, and is in my best interests.

Herbal and nutritional supplements are traditionally considered safe in the practice of Oriental Medicine. I understand the same herbs and nutritional supplements may be inappropriate during pregnancy and **will inform Ileana Tecchio N.D., L.Ac. immediately of pregnancy status**. If I experience any gastro-intestinal reactions or any adverse effects, I will inform Ileana

Tecchio N.D., L.Ac. immediately.

Initials

Initials

I state that in addition to not being pregnant; I do not have the following conditions: bleeding disorders, pacemaker, local infections, diabetes, cancer, and I am not taking anti-coagulant drugs. Initials

While Oriental Medicine has a great deal to offer as a health care system, it cannot totally replace the resources available through biomedical physicians. Consequently, it is recommended that you consult a physician regarding any condition or conditions for which you are seeking acupuncture or herbal medicine treatment. To comply with Article 160, Section 8211.1 (b) of NYS Education Law, Ileana Tecchio N.D., L.Ac. requests that you read and sign the following statement:

I/We, the undersigned, do affirm that \_\_\_\_\_\_ (patient) has been advised by Ileana Tecchio, N.D., L.Ac., to consult a physician regarding the condition(s) for which such patient seeks acupuncture and/or herbal medicine treatment(s).

I understand that all my records will be kept confidential and will not be released without my written consent. I understand it may be necessary for Ileana Tecchio N.D., L.Ac. to contact another one of my health care providers in order to discuss any emergency situation. My signature gives Ileana Tecchio N.D., L.Ac. permission to release my medical records for the reason listed above.

I have been informed that I have the right to refuse any form of treatment. I also understand there is always a possibility of an unexpected complication and I understand that no guarantee can be made concerning the results of treatment. I intend this consent form to cover the entire course of treatment for my present condition and for any future condition(s) for which I seek treatment.

I have read, or have had read to me, the above consent. I have also had an opportunity to ask questions about its consent, and by signing below I agree to the above-named procedures.

Ileana Tecchio N.D., L.Ac., M.S.O.M., Dipl.Ac.

Patient Name \_\_\_\_\_

Patient Signature

Today's Date

# INFORMED CONSENT

Glenn Finley N.D. is licensed to practice Naturopathic Medicine in the state of Vermont. Glenn Finley N.D. has a Doctorate degree in Naturopathic Medicine from the National College of Natural Medicine. He is a member of the American Association of Naturopathic Physicians. Glenn Finley N.D. does not provide after hour services and in case of an emergency I understand I should contact the appropriate licensed health care provider.

## Naturopathic Medicine in the state of New York

A Naturopathic Doctor is trained as a primary care provider and is a board-certified physician in states where licensure is applicable. **Currently licensure for Naturopathic Doctors is not available in the state of New York**. Therefore, Glenn Finley N.D. does not practice medicine, and does not diagnose or treat diseases, or medical conditions in the state of New York. In the state of New York, Glenn Finley N.D. focuses his practice on the enhancement of health. The services he provides are not meant to substitute or replace those of a licensed physician. Patients seeking his consultation are advised to also be under the care of a licensed New York state physician.

## Naturopathic Medicine in the State of Vermont

As a Naturopathic Doctor in the state of Vermont, Glenn Finley N.D. is licensed to practice as a primary health care provider and is a board-certified physician.

I hereby request and consent to a naturopathic consultation, herbal and nutritional supplement suggestions for me (or for the patient named below, for which I am legally responsible) by Glenn Finley N.D.

# I understand that all my records will be kept confidential and will not be released without my written consent.

I understand it may be necessary for Glenn Finley N.D. to contact another one of my health care providers in order to discuss any emergency situation. My signature gives Glenn Finely N.D. permission to release my medical records for the reason listed above.

I have been informed that I have the right to refuse any suggestions given by Glenn Finley N.D. I have read, or have had read to me, the above consent. I intend this consent form to cover all the suggestions Glenn Finley N.D. will provide me for my present condition and for any future condition(s) for which I seek assistance with. I have also had an opportunity to ask questions about this consent, and by signing below I agree to the above.

Patient Name	Patient Signature
Legal Guardian	Today's Date